Interdisciplinary Team
Our interdisciplinary team is dedicated to the care of stroke patients. We partner with patients and family members to create individualized plans to address specific needs. Our goal is for patients to return home with the highest possible level of independence.

Our stroke team is led by a board-certified physician specializing in stroke care. In addition to the physician, the patient’s care team may consist of:

- Physical therapist
- Occupational therapist
- Speech-language pathologist
- Social worker
- Registered nurse
- Case Manager
- Clinical psychologist

Stroke Quality and Outcomes at the Broward Health Rehabilitation Institute

BY THE NUMBERS:
132 - Total Stroke Admissions in 2019

Average age of our stroke patients is 67

72% of patients were discharged home (compared to the national average of 72.8%)

15.9% of patients were discharged to a long term care facility (compared to the national average of 17.1%)

11.4% of patients were discharged to an acute care facility (compared to the national average of 9.3%)

93.2% of our stroke patients were satisfied with their care

95% of stroke patients were still living in the community 90 days after being discharged (compared to the national average of 92.7%)

To learn more, call 954.786.6413 or visit BrowardHealth.org/BHN
The stroke program at the Broward Health Rehabilitation Institute is the only stroke rehabilitation program accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) and certified by the Joint Commission for Stroke Rehabilitation. These designations demonstrate a commitment to quality care and positive outcomes for someone who has had a stroke.

Broward Health Rehabilitation Institute is a 30-bed acute rehabilitation unit who has been providing quality stroke rehabilitation since 1991. Our program provides patients with a minimum of 3 hours of therapy a day at least five-days-per-week. In addition to physical, occupational and speech therapy, we provide a comprehensive education program for both patients and their families. This is a two week program covering stroke rehabilitation, recovery and wellness following a stroke.

**Physical Therapy**
Physical therapists are health care professionals specializing in movement dysfunction caused by injury or disease. A physical therapist evaluates you to determine your impairments and functional deficits. They will collaborate with you and together you will determine your attainable goals during your time in rehabilitation and the best plan of action to achieve them.

**Occupational Therapy**
Occupational therapists focus on enabling you to return to the highest possible level of independence while performing activities of daily living such as:
- Eating
- Toileting
- Dressing
- Home management skills
This is done through providing education to you and your family, and therapeutic exercises and activities. Additionally, practice opportunities are used to address new life challenges.

**Speech & Language Therapy**
Speech therapy combines communication training and cognitive exercise to improve language, speech clarity, attention, memory, insight and problem-solving skills. Speech-language pathologists will also assess and treat swallow disorders related to a stroke.

**Rehabilitation Psychology**
Psychologists focus on achieving maximum psychological and social functioning through psychotherapy that help you and your family cope with physical and cognitive disability following a stroke. Neuropsychological assessment aid with understanding changes in your thinking, behavior, and emotions so that those results can guide rehabilitation treatment and make recommendations to patients and families for optimal future recovery and improved quality of life.

**Education and Support**
Patients and their families are invited to participate in the stroke education class during their stay at Broward Health Rehabilitation Institute. This multi-disciplinary course is taught by team members from physical, occupational and speech therapy, nursing, case management and psychology.

**Outpatient Rehabilitation**
Having outpatient therapy services close to home is important during your recovery, that’s why Broward Health offers outpatient stroke rehabilitation at several locations. Whatever the need is, whether to regain speech, relearn motor skills or improve cognitive abilities, our stroke rehab team develops personalized care plans designed to maximize each patient’s success across the continuum of care.