Transplant Support Group
2021

The South Florida Transplant Center is pleased to announce a monthly support group for pre- and post-organ transplant patients facilitated by the Transplant Center and Psychology Services at Broward Health Medical Center.

When: First Thursday of Every Month • 1-2 PM
Where: Virtual (Via Zoom)
What: 30 minutes of education from your transplant team
30 minutes of processing and support led by Psychology Services

Support Group Schedule

Jan 7  Understanding The Organ Transplantation Process - Pre, During, and Post
Feb 4  How to Cope with Psychological Changes Pre and Post Organ Transplant; The Importance of Having a Good Support System
March 4 Transplant Medications, Copayments, and Patient’s Financial Responsibilities Pre and Post Organ Transplant
April 1  Why Should I Take My Transplant Medications? Avoiding Organ Rejection
May 6 The Impact of Alcohol and Substance Abuse Pre and Post Organ Transplant
June 3 Meet the Team!! Meet the transplant team with Q&A session
July 1  Understanding the Importance of Nutrition Pre and Post-Transplant
Aug 5  Living Donor Kidney Transplants - The How, Who, and Why
Sept 2  Safe Practices for Upcoming Holiday Gatherings
Oct 7  Potential Complications Post-Transplant
Nov 4 Thank you!!! How to Reach Out to The Donor Family?
Dec 2  Importance of all Health Maintenance Screening and Follow Ups with My Transplant Center

For more information, visit BrowardHealth.org/Events.